

TERENURE SPORTS CLUB

GYM TIME TABLE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	6am Group Class	6am Group Class	6am Group Class	6am Group Class	6am Group Class		
		7am Group Class	7am Group Class	7am Group Class	7am Group Class		
	10:30am Group Class		10:30am Group Class	10:30am Group Class	10:30am Group Class	10am- 11am Group Class	
	5pm – 6pm Open to Members						
	6pm- 7pm Group Class		6pm- 7pm Group Class		6pm- 7pm Group Class		

KEY:

Open to Members – closing time 10pm

Closed to Members - Consistent Performance Group Sessions

Closed to Members – Consistent Performance Personal Training

September 2024