

## Terenure Sports Club Gym Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>6am</b> Group Class	<b>6am</b> Group Class	<b>6am</b> Group Class	<b>6am</b> Group Class	<b>6am</b> Group Class		
		<b>7am</b> Group Class	<b>7am</b> Group Class	<b>7am</b> Group Class	<b>7am</b> Group Class		
						<b>10am</b> Group Class	
	<b>10:30am</b> Group Class		<b>10:30am</b> Group Class	<b>10:30am</b> Group Class	<b>10:30am</b> Group Class		
	<b>5pm Open to Members</b>						
	<b>6pm</b> Group Class		<b>6pm</b> Group Class				

Key:

Gym open to members - closing time 10pm

Group Sessions - gym closed to members

@consistent\_performance Personal Training - gym closed to members